

An Anti-Bullying Script by Lee Karvonen

This Script is Formatted as a Traditional Play Script

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These are the "anti-bullying" strategies used in the creation of this play script:

Stay in a group. Kids who bully like to pick on kids who are by themselves a lotit's easier and they're more likely to get away with their bad behavior. If you spend more time with other kids, you may not be an easy "target" and you'll have others around to help you if you get into a difficult situation!

Always tell an adult. It's hard to talk about serious things with adults sometimes, but they can help put a stop to bullying. Tell an adult that you trust and can talk to - your parents, your teacher, your school counselor, your coach, your neighbor. If you've told a grown-up before and they haven't done anything about it, tell someone else. And if you're afraid to tell an adult that you have been bullied, get another person - like a friend or a sister or brother - to go with you. Having someone else there to support you can make it a lot less scary. Tell the adults exactly what has happened - who did the bullying, where and when it happened, how long it's been happening to you, and how it's making you feel. If you talk with an adult at your school, ask them what they will do to help stop the bullying. It is their job to help keep you safe. Most adults really care about bullying and will do everything they can to help you.

If it feels safe, try to stand up to the person who is bullying you. If the person who is bullying you thinks you won't do anything about it, they are more likely to keep picking on you. This doesn't mean you should fight back or bully them back. Instead, tell the person bullying you that you don't like it and that they should stop! Keep it simple. You might just say, "Cut it out, Miranda!", and then walk away. If possible, try to talk to them in a calm voice. Kids who bully often like to see that they can make you upset. If you're afraid to talk to the person who is bullying you by yourself, then you might want to ask someone else to be there with you. Kids who bully are more likely to listen, and less likely to bully you, when you're with someone and not alone. If you're not comfortable standing up to someone who has bullied you, that's definitely OK! Just walk away. But be sure to tell an adult.

More information can be found online at:

http://stopbullyingnow.hrsa.gov/kids/are-you-being-bullied.aspx

CHARACTERS

- 1. THE BULLY
- 2. THE VICTIM
- 3. THE VICTIM'S FRIEND
- 4. BYSTANDER 1 5. BYSTANDER 2
- 6. MOTHER

AS MANY ANNOUNCER/SIGN-HOLDERS AS DESIRED

SCENES

- 1. OUTSIDE THE SCHOOLYARD
- 2. NEXT DAY IN THE SCHOOLYARD
- 3. THE VICTIM'S HOME
- 4. ON THE WAY TO SCHOOL THE NEXT DAY
- 5. LATER, IN THE SCHOOLYARD

MOTIVATION

- * THE BULLY WANTS TO FEEL SUPERIOR TO SOMEONE.
- * THE BULLY WANTS THINGS HIS/HER WAY.

SCENE CHANGES

To help announce scene changes, appoint additional actors to hold up large signs at the proper moments during the play. The signs are meant to inform the audience about where the action is taking place at the time. (Examples: SCENE 1 - OUTSDIE THE SCHOOLYARD, SCENE 2 - NEXT DAY IN THE SCHOOLYARD, etc.)

SCENES & DIALOGUE

Scene One involves the bully, victim, and 2 bystanders who do nothing until the bully engages them in his victorious laughter at the scene's end. The bully and the bystanders are blocking the path to the victim's home.

TO BEGIN

When it is time to begin, a sign that says "HOW TO BEAT THE BULLY" is paraded across the stage in front of the curtain and shown to the audience. Another sign follows that says "SCENE 1 - OUTSIDE THE SCHOOLYARD". (These Sign-Holders may also *announce* the words written on their signs to emphasize the information.

THE BULLY AND I

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SCENE ONE

A sign that says "HOW TO BEAT THE BULLY" is paraded across the stage in front of the curtain and shown to the audience. Another sign follows that says "SCENE 1 - OUTSIDE THE SCHOOLYARD". As the Sign-Holders exit, the curtain opens (or lights come up) and Scene One begins...

VICTIM: I JUST WANT TO GO HOME.

BULLY: WELL, I DON'T WANT YOU TO GO HOME!

VICTIM: WHAT'S THE PROBLEM?

BULLY: YOU! YOU'RE THE PROBLEM!

VICTIM: WHAT DID I DO?

BULLY: YOU DIDN'T DO ANYTHING!

VICTIM: THEN WHAT'S WRONG?

BULLY: YOU! YOU ARE WHAT'S WRONG!

VICTIM: WHAT DO YOU MEAN?

BULLY: I MEAN I DON'T LIKE YOU! I DON'T LIKE THE WAY YOU

LOOK! I DON'T LIKE THE WAY YOU ACT! I JUST DON'T

LIKE YOU!

VICTIM: WELL, WHAT AM I SUPPOSED TO DO ABOUT THAT?

BULLY: SUFFER!

VICTIM: ARE YOU THREATENING ME?

BULLY: I'M DOING MORE THAN THAT! I'M GOING TO HURT

YOU! (hits victim in the face and victim falls to the

ground).

VICTIM: OW! OW! THAT HURTS!

BULLY: ALREADY I LIKE YOUR FACE BETTER! AND IF YOU

DON'T WANT MORE OF THAT, YOU BETTER KEEP

YOUR FACE AWAY FROM MINE FROM NOW ON! GET

IT?!?! (waits for victim to respond) ... I SAID, GET IT?!?!

VICTIM: I GET IT.

BULLY: GOOD! NOW GET LOST! ... I SAID GET LOST RIGHT

NOW OR I'LL REALLY GIVE IT TO YOU!!!

VICTIM: I'M GOING. (bully raises his fist again). I'M GOING NOW!

(victim runs off).

BULLY: LITTLE JERK! DID YOU SEE HOW I MADE HIM RUN?

(bully laughs; others laugh with him).

(Curtain closes or stage goes dark as actors exit).

A sign that says "HOW TO BEAT THE BULLY" is paraded across the stage and shown to the audience. Another sign follows that says "SCENE 2 - NEXT DAY IN THE SCHOOLYARD". As they exit, the curtain opens (or lights come up) and Scene Two begins...

SCENE TWO

Scene Two involves the victim, his friend, and the two bystanders in the schoolyard, away from the place the bully usually hangs out. The bystanders join the first two part way through the scene.

VICTIM: WHAT DID I EVER DO TO THAT GUY? HE ATTACKED

ME FOR NO REASON AT ALL!

FRIEND: I KNOW THAT. BUT YOU KNOW WHAT HE'S LIKE. HE

DOES THAT SORT OF THING FOR FUN.

VICTIM: FUN? FUN FOR WHO? HE'S A COMPLETE JERK!

FRIEND: YOU'RE RIGHT. BUT WHO'S GOING TO TELL HIM?

VICTIM: SOMEDAY! SOMEDAY SOMEBODY'S GOING TO TELL

HIM, BUT GOOD!

FRIEND: YEAH? AND IS THIS SOMEBODY ANYBODY WE KNOW?

VICTIM: I WISH! HE IS SO MEAN! AND WHY? WHAT DOES HE

GET OUT OF IT? IT'S NOT LIKE HE'S GOT A LOT OF

FRIENDS?

FRIEND: TRUE. BUT HE DOES HAVE A LOT OF PEOPLE WHO

ARE AFRAID OF HIM.

VICTIM: ISN'T THAT GREAT!

BYSTANDER 1: HI, GUYS. HOW ARE YOU?

VICTIM: OH, WE'RE WONDERFUL!

BYSTANDER 2: THAT WAS PRETTY ROUGH YESTERDAY. DID HE

HURT YOU?

VICTIM: AS IF YOU CARE! I HEARD YOU LAUGHING!

BYSTANDER 2: WHAT CHOICE DID WE HAVE? HE'D HAVE HIT US IF

WE DIDN'T LAUGH.

FRIEND: YOU COULD HAVE WALKED AWAY IF YOU DIDN'T LIKE

WHAT HE WAS DOING.

BYSTANDER 1: LOOK, WE HAVE TO GO TO THIS SCHOOL TOO. HE'D

HAVE FOUND US TODAY AND PICKED ON US TOO.

ALL OTHERS: YEAH. THAT'S RIGHT.

VICTIM: TRUE. WELL, SEE YOU LATER.

OTHERS: YEAH, SEE YOU.

(Curtain closes or stage goes dark as actors exit).

A sign that says "HOW TO BEAT THE BULLY" is paraded across the stage and shown to the audience. Another sign follows that says "SCENE 3 - THE VICTIM'S HOME". As they exit, the curtain opens (or lights come up) and Scene Three begins...

SCENE THREE

Scene Three involves the victim and his mother, later that same day, at the victim's home.

VICTIM: MOM! I'M HOME!

MOTHER: HOW WAS SCHOOL TODAY?

VICTIM: GREAT! I HAD NOTHING BUT FUN.

MOTHER: THAT WAS VERY SARCASTIC. CARE TO SHARE?

VICTIM: NOT REALLY.

MOTHER: WILL THAT SOLVE ANYTHING?

VICTIM: NO, BUT IT'S SAFER THAT WAY.

MOTHER: WHY IS THAT?

VICTIM: IF I JUST SAY NOTHING, THEN NOTHING MUCH MORE

WILL HAPPEN TO ME.

MOTHER: WHAT'S HAPPENING NOW?

VICTIM: OH, THIS GUY WHO DOESN'T LIKE ME KINDA BULLIES

ME A BIT.

MOTHER: BULLIES YOU? HOW?

VICTIM: OH, HE CALLS ME NAMES, AND WON'T LET ME WALK

WHERE I WANT TO, AND SORT OF THREATENS TO HURT ME, OR SOMETIMES ACTUALLY HURTS ME.

MOTHER: THAT'S PRETTY SERIOUS. HOW DO YOU FEEL ABOUT

THIS?

VICTIM: WELL, ALL I REALLY FEEL IS THAT I HATE IT! I MEAN I

CAN'T STAND IT! BUT WHAT CAN I DO?

MOTHER: YOU CAN STAND UP TO HIM.

VICTIM: HOW? HE'S A LOT BIGGER THAN I AM!

MOTHER: ARE YOU THE ONLY ONE HE PICKS ON?

VICTIM: NO. THERE ARE SEVERAL OF US.

MOTHER: TOGETHER AREN'T YOU BIGGER THAN THE BULLY?

VICTIM: WELL, YES.